



Refer if:

- Diagnostic uncertainty exists.
- Extensive disease (e.g. greater than 10% of body surface area affected).
- A score of at least 'moderate' on the static Physician's Global Assessment.
- Psoriasis that does not respond well to topical treatments (e.g. nail involvement).
- Topical treatments have failed.
- The person cannot tolerate primary care treatment options.
- Significant impact on physical, psychological or social well being
- Further information or education is needed
- Refer to a rheumatologist if the person requires assessment for the management of associated arthropathy.

Do not recommend the use of coal tar shampoos alone for treating severe scalp psoriasis

Allow a break of 4 weeks between courses of potent and very potent steroid

Encourage the use of non-steroid based products as part of self-care in between steroid treatment and to maintain control.

References

- NICE CKS (2013) 'Seborrhoeic dermatitis', Available at: <https://cks.nice.org.uk/seborrhoeic-dermatitis> Accessed: 29/08/17
- BNF online: 'Topical corticosteroids', Available at: <https://bnf.nice.org.uk/treatment-summary/topical-corticosteroids.html> Accessed: 28/08/17