



MRSA Decolonisation advice

Within North East Essex, Octenisan® is recommended for skin decolonisation of MRSA in place of the Hibiscrub®. **This should be purchased by patients and used for 5 days prior to the planned surgical procedure/admission.**

A number of patients experienced sensitivity reactions with Hibiscrub particularly children, those with delicate skin or underlying dermatological conditions the decision was therefore made to change to Octenisan.

Full details of the five day treatment regimen can be found at;
http://www.colchesterhospital.nhs.uk/policies_and_procedures/MRSA%20Procedure.pdf

For convenience these are summarised below:

Nose	If mupirocin sensitive apply mupirocin nasal ointment 2% to the inside of the nose three times daily for 5 consecutive days. If mupirocin resistant Polyfax ointment to be used.
Body	Wash daily. Use undiluted Octenisan, as a liquid soap for 5 consecutive days. The skin must be moistened and the Octenisan applied to a disposable cloth and then applied directly to all areas of the skin before rinsing.
Hair	Use undiluted Octenisan as a shampoo on days 2 and 4 of the treatment cycle.
Open wounds	Cover with occlusive dressing/s.
Bed linen	Change before bathing or showering. Ideally daily but if this is not possible it is more important on the first days of using the protocol. Bed linen can be adequately dealt with by washing in a domestic washing machine.

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