

## Counselling check list - NOACs

### Oral anticoagulant therapy counselling checklist for apixaban, dabigatran, rivaroxaban or edoxaban

<b>Patient ID</b>	
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The following points should be discussed with all patients newly started on an oral anticoagulant and documented in the patient record.

#### Risks and benefits of anticoagulation

Indication.	<input type="checkbox"/>	Dose and frequency.	<input type="checkbox"/>
Timing of doses.	<input type="checkbox"/>	Duration of treatment.	<input type="checkbox"/>
Importance of compliance and what to do if doses are missed – see patient information	<input type="checkbox"/>	What to do if bleeding occurs (minor bleeding – consult GP, major bleeding – go to A&E immediately).	<input type="checkbox"/>
Possible side effects – see patient information, advise patient to read Patient Information Leaflet (PIL).	<input type="checkbox"/>	Advise to seek urgent medical attention if they fall or injure themselves during treatment, especially if they hit their head, due to the increased risk of bleeding.	<input type="checkbox"/>
Possible interactions with other drugs including herbal remedies - advise patient to read PIL and discuss with pharmacist or doctor before taking any over the counter remedies.	<input type="checkbox"/>	Avoid aspirin or NSAIDs.	<input type="checkbox"/>
Advise patient to seek advice if planning to become pregnant or breastfeed.	<input type="checkbox"/>	Medical and dental procedures: Advise patient to tell doctor or dentist well in advance of any planned procedure.	<input type="checkbox"/>
Inform other professionals where needed.	<input type="checkbox"/>	Referral to Community Pharmacy New Medicines Service (NMS) – suitable for patients prescribed anticoagulants for the first time.	<input type="checkbox"/>
Monitoring and review: Review of treatment and blood tests at least once a year but may be more frequent for some patients.	<input type="checkbox"/>	Alert card and patient information given.	<input type="checkbox"/>

Printable alert cards available at:

Apixaban: [https://www.medicines.org.uk/.../19546340\\_eliquis\\_patient\\_alert\\_card](https://www.medicines.org.uk/.../19546340_eliquis_patient_alert_card)

Dabigatran: [www.pradaxa.co.uk/downloads/patient-alert-card.pdf](http://www.pradaxa.co.uk/downloads/patient-alert-card.pdf)

Rivaroxaban: [www.xarelto-info.co.uk/static/documents/pdf/Patient\\_Alert\\_Card\\_15and20mg\\_nov2012.pdf](http://www.xarelto-info.co.uk/static/documents/pdf/Patient_Alert_Card_15and20mg_nov2012.pdf)

Edoxaban: <https://www.medicines.org.uk/emc/RMM.227.pdf>

## Acknowledgement

This resource is based on GP support information developed by Anglia prescribing and medicines management team, NELCSU.

## Document history

Version	2
Approved by	East of England Cardiovascular Strategic Clinical Network - 4 <sup>th</sup> February 2016 PAC - 7 <sup>th</sup> March 2016
QA process	Katie Smith, Regional Medicines Information Director, East Anglia Medicines Information Service, 28 <sup>th</sup> January 2016