



**Prescribing Policy for Mebendazole for threadworm in Adults and Children**  
**Over 2 years**

**North East Essex CCG does not support the prescribing of Mebendazole for threadworm treatment in adults and children over 2 years on FP10**

Mebendazole (single dose) is the main medication used to treat threadworm infections. It can be bought over the counter from pharmacies and is available as a chewable tablet or a liquid. The pharmacist can also advise if this treatment is suitable.

**Recommendation:**

Do not prescribe Mebendazole to treat threadworm infections in adults and children over 2 years of age; refer to pharmacist for self - purchase.

**Encourage patients to:**

- Follow the recommended hygiene measures for six weeks, full information is available on NHS choices. Thread worm medication is very effective at killing the threadworms but it does not kill the eggs.
- Follow dosage information in the patient information leaflet that comes with the medicine.
- To treat all household members, even if they have no symptoms. The aim of treatment is to get rid of the threadworms and prevent re-infection.

**Patient queries or complaints**

Any patient queries or complaints should be directed to PALS 01206 918730 or [pals.nee@nhs.net](mailto:pals.nee@nhs.net)