

Current Health Forum Committee Members

Chairperson / Colchester Representative

Ray Hardisty ray.hardisty@btopenworld.com

Vice-Chair

VACANT

Colchester Representatives

Maura Broad maurabroad@talktalk.net

Susan Rhys Jones susan.rhysjones@nhs.net

VACANT

Tendring Representatives

Myrna Liles myrna.liles@nhs.net

Brian Mckeown mckeownjb@yahoo.co.uk

Emma Sarson sarson6@aol.com

Tendring (Harwich) Representative

Ann Watson via paula.martin4@nhs.net

Young Persons Representative

Hannah Madsen

hannah.madsen@student.anglia.ac.uk

Carers Organisation Representative

Essex Carers Support

julie@essexcarerssupport.org.uk

HealthWatch Essex Representative

VACANT

Colchester Community Voluntary Services

Kim Simmons cdv@ccvs.org

Tendring Community Voluntary Services

Bonnie Jarman

bonnie.jarman@cvstendring.org.uk

Who are we?

We are people keenly interested in health matters. We have all registered as members of North East Essex Clinical Commissioning Group's Health Forum. Our members also include those involved in charities and other voluntary and community groups throughout North East Essex (Colchester and Tendring districts).

Contact us at:



Tel. 01206 918707 or
Freephone 0800 881 5115
(Courtesy of CVS Tendring)



Health Forum, NEE CCG
Freepost RTUH-EUHB-SYRU
Aspen House
Stephenson Road
Severalls Business Park
Colchester, CO4 9QR



paula.martin4@nhs.net

THE NORTH EAST ESSEX Health Forum

We are patients, public, carers and service users who want to make a difference and improve health, wellbeing and community services across Colchester and Tendring.



What do I get from being a member of the Health Forum?

- The opportunity to DEBATE and INFLUENCE decisions taken about our health and social care, including the chance to directly influence decision-making through consultations, committee membership or involvement in project groups.
- Receive up-to-date information about health services.
- Represent fellow Patients, Public, Service Users and Carers.

How can I become a member?

Anyone who lives or works in Colchester or Tendring can be a member. To join the Health Forum you can register on the CCG website www.neessexccg.nhs.uk by filling in a membership form online or, as below, and send by post to the Freepost address (elsewhere on this leaflet).

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|----------------------------------|
| Name: |
| Address: |
| Post Code: |
| Telephone No. (optional): |
| Email: |

What does the North East Essex Health Forum do?

We work to ensure that the Clinical Commissioning Group (CCG) and other organisations (eg NHS England) are listening to patients' voices. We help to make sure that people's concerns are addressed and that good health practice is shared.

HFC (see explanation on this leaflet) nominated members are invited to take part in decision-making meetings within the CCG so that CCG members and staff are aware of public views and concerns.

The Health Forum does not have any legal powers, but has been given local powers by the CCG, and we work very closely with Healthwatch Essex, which does have legal powers.

Health Forum Committee (HFC)

The Health Forum Committee (HFC) is the coordinating body of the NEE Health Forum and consists of 8 elected patient, public and carer representatives; both Colchester and Tendring Voluntary Services; representatives of Carers Organisations; Healthwatch Essex and Young People representatives.

All Health Forum members are able to vote for the election of Committee members: 4 from Colchester, 4 from Tendring. Elections happen every three years or when someone stands down.

Public Meetings of North East Essex Health Forum

We hold monthly public meetings; "Local Health Matters" in Colchester and in Tendring. They are open to anyone who lives and works in North East Essex. Voluntary and NHS organisations support the meetings with information.

The Health Forum looks at issues across the spectrum of the NHS, including hospitals, GP surgeries, commissioning, social services, ambulances, specialist services, medicines, health and wellbeing. People attending the meetings can also raise any issues or concerns they have on local health services.

Local Health Matters meetings run from 2pm to 4pm at three venues:

Colchester – RCCG Stillwater Centre, House Heath Business Park, Whitehall Road, Colchester, CO2 8GU (next to Bannatyne's Health Club, ample parking and is on routes of buses 61 and 62).

Clacton – Community Voluntary Service Tendring, Rosemary Road, Clacton-on-Sea, CO15 1NZ

Weeley – Tendring District Council Offices, Thorpe Road, Weeley, Essex, CO16 9AJ

Meetings are held monthly in both Colchester and Tendring. In Colchester they are held on the 4th Wednesday of the month and in Tendring on the 2nd Wednesday of the month, alternating between Clacton and Harwich as follows:-

Clacton – January, March, May, July, September, November

Weeley – February, April, June, August, October, December