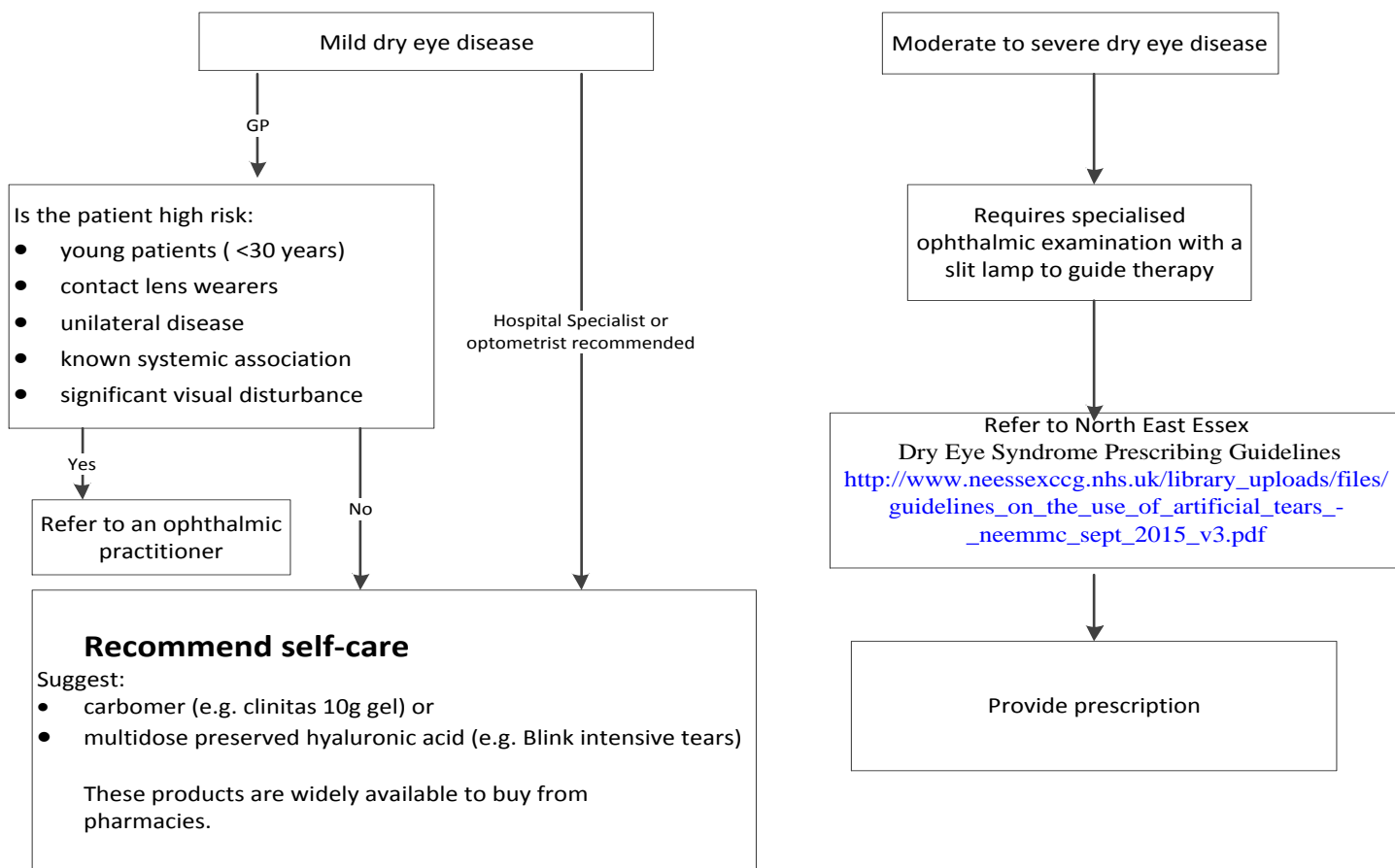
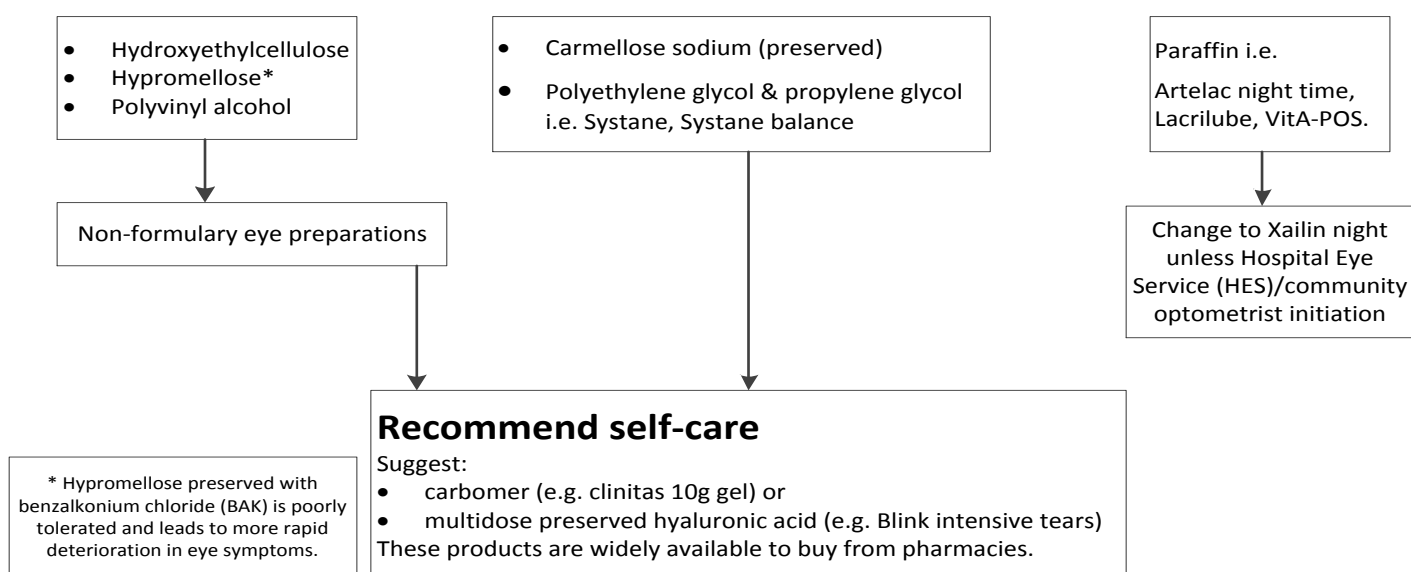


## Prescribing aide memoire for dry eye preparations



## Existing patients with mild dry eye disease or nocturnal dry eye disease



\* Hypromellose preserved with benzalkonium chloride (BAK) is poorly tolerated and leads to more rapid deterioration in eye symptoms.

## Formulary Product list:

### Mild dry eye disease: Recommend self-care

#### 1<sup>st</sup> line:

- *Carbomer: 0.2%* (i.e. Clinitas gel 10g)

#### 2<sup>nd</sup> line:

- *Sodium hyaluronate 0.2%* (i.e. Blink intensive tears 10ml drops )

### Moderate dry eye disease:

**\*\* Patient requires specialised ophthalmic examination with a slit lamp to guide therapy \*\***

- Low frequency: Blink intensive tears 10ml drops (*sodium hyaluronate 0.2%, polyethylene glycol 0.25%*)
- High frequency (instilled every 2 hours or more frequently) or preservative allergy: Clinitas multi preservative free 10ml drops (*sodium hyaluronate 0.4%*)

#### Specific indications:

- Carmellose 1% unit dose vial (generic)
- PF Drops Carmellose 0.5% & 1% preservative free drops 10ml
- Systane 10ml eye drops (*polyethylene glycol 400 0.4% & propylene glycol 0.3%*)
- Optive Fusion 10ml drops (*sodium hyaluronate 0.1%, carmellose 0.5%, glycerol*)
- Systane Balance 10ml drops (*propylene glycol 0.6%*)
- Optive Plus 10ml drops (*carmellose sodium 0.5%, glycerol 1% & castor oil 0.25%*)
- Xailin Night ointment 5g preservative free (*paraffin*)
- VitA-POS ointment 5g (*retinol palmitate, paraffin & wool fat*)
- Artelac Nighttime gel 10g (*carbomer 0.2%*)

### Severe dry eye disease: Initiated by hospital eye specialist.

#### Multi dose

- Vismed gel multi preservative-free 10ml (*sodium hyaluronate 0.3%*)
- Hylo-Forte preservative-free eye drops 10ml (*sodium hyaluronate 0.2%*)
- Hya-Bak preservative-free eye drops 10ml (*sodium hyaluronate 0.15%*)

#### Unit dose

- Vismed gel unit dose vial (*sodium hyaluronate 0.3%*)
- Carbomer unit dose vial

#### Specific indications:

- Carmellose unit dose vial (generic)
- Systane ultra unit dose vial (*propylene glycol 0.3%, polyethylene glycol 400 0.4%*)
- Emustil unit dose vial (*Soybean oil 7%, natural phospholipids 3%*)