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Newsflash



New e-learning course

The award-winning Healthwatch Essex 'Introduction to Lived Experience' training course is now available as an e-learning course.

In response to the huge success of the Healthwatch Essex Ambassador training programme, Healthwatch Essex are pleased to announce the launch of an online version of the course, with the aim of making it more easily accessible to busy professionals and volunteers alike.

The 'Introduction to Lived Experience' is relevant to anyone whose role it is to engage effectively with the public, whether you're a health or care professional, a commissioner or a volunteer. The course covers the importance of knowing and engaging with your community, active and positive listening techniques and the principles of inclusion. It is designed to equip you with the skills you need to collect and represent the voice of the people you engage with.

[Click here](#) for more information.



North East Essex CCG Board Meeting

Patients and the public across Colchester and Tendring are being advised that the next Board meeting of the North East Essex Clinical Commissioning Group (CCG) will be held in private.

It will take place at Aspen House, Stephenson Road, Colchester CO4 9QR from 2pm on Tuesday 31 October 2017.

As the meeting will be held in private, there will be no public questions or decisions.

The date of the next Board meeting in public will be on Tuesday 28 November at the Long Meadow Community Centre in Harwich,

starting at 2.30pm.

Copies of previously published papers are available on the CCG's
website – www.neessexccg.nhs.uk

Be part of your community ♡



The Supporting Communities - Local Services Fund
is a new way to bid for up to **£15,000*** for a
project to improve your local area

*over three years

tell someone about

The Supporting Communities Fund



Essex.gov.uk/Communities



Colchester
Hospital University
NHS Foundation Trust



Talk on urology surgery

A presentation about urology surgery will be given at next week's meeting of the North East Essex Urology Cancer Support Group.

It will be made by Mr John Corr, a consultant urological surgeon who is based at Colchester General Hospital.

The meeting will take place on **Wednesday 1 November between 6pm and 8pm** in Training Rooms South, Colchester General Hospital (near the hospital's main entrance).

It is open to patients, partners and carers whose lives have been affected by any urological cancer – kidney, prostate, bladder, testicular or penile.

The North East Essex Urology Cancer Support Group meets on the first Wednesday of every month, except in January and August.

Meetings are informal and people attending have plenty of time to chat with each other. Activities also include social evenings, guest speakers and a chance to meet clinicians.

* For further information Contact Maggie Braithwaite, Rachel Minter, Lucy Powell or Amy Sibbons, who are all urology cancer nurses, on 01206 742964.



Essex County Council would like to thank those that supported the launch of the Essex Faith Covenant.

Bishops, Rabbis, Imams and a host of other religious leaders from across Essex joined forces for the launch of the Essex Faith Covenant, where they pledged to work together to build trust, harmony and ultimately help the county's most vulnerable people. Thank you to everyone who has helped to make what is Britain's first countywide faith covenant a reality.

[Click here](#) to view photos from the event and share, like and even comment.

There is also a launch video explaining the Faith Covenant that can be found [here](#).



Free Classroom Based Courses

[Click here](#) to book your place on 'Learn'

Introduction to Chronologies

To enable practitioners to complete a chronological record of significant events in a child, young persons or family's lives in a consistent manner

Motivational Interviewing

To provide an understanding of Motivational Interviewing and how to motivate individuals and families to change

To Share or Not to Share

To provide an understanding of the importance of information sharing

New training coming soon:

- Team around the Family
 - Effective Support and Early Help
-

Halstead Town Football Club &
Richard de Clare Community School HSA

FIREWORKS DISPLAY

Halstead Football Ground
Saturday 4 November

Adults £6 • Children 4 & over £4

Gate from 5.30 pm • Display 6.30 pm

Refreshments available

Strictly NO sparklers



InterAct

DJ wanted

InterAct need a fun & exciting DJ for their Christmas Party.
It takes place on **Friday 8th December 2017 from 6pm—9pm** at
Great Baddow Parish Hall, 19 Maldon Road, Great Baddow,
Chelmsford, CM2 7DW

They would ideally like someone who can play all the party favourites
and has lights, smoke, special effects or similar, if possible.

Reasonable rates can be paid.

If you think you can help, please get in touch with Andrew Denny:
Mobile 07976 781054 or email andrew.denny@interact.org.uk



**STAYWELL
THIS WINTER**
...in north east Essex

Tips published for people with long term

conditions on how to stay well over winter

Clinicians across Colchester and Tendring have published some tips for local people living with long term conditions to stay well over winter.

They relate to a range of conditions including chronic obstructive pulmonary disease (COPD), asthma, heart failure and diabetes and are available from North East Essex Clinical Commissioning Group's website.

Dr Phil Brown, GP and Emergency Physician, helped developed them. He said: "Long term conditions can be exacerbated over winter and these simple easy to use sheets are designed to help people during what is widely predicted to be a very challenging winter period."

Dr Brown added: "It is vital that anyone with a long term condition gets vaccinated against flu to protect themselves against this nasty condition and to ensure they know what to do if they do fall ill."

[Click here](#) for more information.



FIGHTING RURAL CRIME

Thursday 16th November

1.00pm - 4.00pm

Stow Maries Great War Aerodrome, CM3 6RN

FREE ADMISSION

Find out how Essex Police will tackle crime in rural areas

See a LIVE DEMONSTRATION of the Essex Police drones

Visit information and trade stands

Scan here for the latest information



For queries, contact
suzanne.harris@essexrcc.org.uk

www.essex.police.uk www.essex.pfcc.police.uk

www.essexruralpartnership.org.uk



Contribute to a council consultation

People's Panel

Do you have views about how to make Braintree District an even better place to live and work? Do you want to have your opinion heard and have an influence on how services are developed and improved?

Join the People's Panel for the Braintree District via the [online form](#), and share your thoughts!

Who can take part in the People's Panel

Braintree District Council want panellists from all areas of the district, representing all age groups and backgrounds. The only restriction is that you must be over the age of 16. To make it easier to take part the questionnaires can be sent to you in large print, over the phone or in different languages.

To help ensure that the People's Panel reflects Braintree District's population they need to know a few things about you and ask that you complete the short application form.

How the People's Panel Works

From time to time, you will be asked to complete a short survey either by post or electronically. The information you give will be collected and read by elected councillors, service managers and senior council officers and will be used to help make decisions about issues in the District. The main results from the questionnaire will be published and any progress or decisions that have been made as a result of your feedback.

Your responses are confidential and your details will not be passed onto third party organisations. All information will be used and stored in accordance with the [Data Protection Act 1998](#).



Job Vacancy

Job Title: Community Assistant

Reporting To: Community Coordinator

Temporary Role: 6 Month contract full time (part time available with flexible days and hours to suit)

Location: Essex & Herts Air Ambulance Charity Head Office Earls Colne / Buntingford office

Job Purpose Statement:

Essex and Herts Air Ambulance (EHAAT) is looking for a Community Assistant to assist with the distribution our newly branded collection tins to various locations across Essex & Hertfordshire and to support the Community Coordinator with the administration involved in this process.

The role can be full time or part time, with flexible days and office hours to suit. However there would be a minimum requirement of two days per week.

You will also be working alongside the existing volunteer team. The post holder will be expected to travel widely across both counties (Charity vehicle will be available but own car may be needed when this is in use, mileage will be paid).

[Click here](#) for more information.

Are we connected?

Connect with us to stay up to date with our latest news:

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2017 Community360.

You are receiving this e-mail as you are an affiliated member of C360 or a Volunteer.

Our mailing address is:

Community360
Winsley's House
High Street
Colchester, Essex CO1 1UG
United Kingdom

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Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#)

The MailChimp logo is displayed in white, cursive script within a teal-colored rounded rectangular button.