

Welcome to the CVST community e-bulletin for week commencing 4 December 2017

****Funding opportunities *** Events *** Volunteering *** Advice *** Information****

Please forward to your contacts!

Forthcoming events (for further information, click 'reply' and ask for details)

Essex Carers Support Carers Wellbeing Group – 1st Tuesday of each month 10am – 12pm

Tendring Diabetes Group – 1st Thursday of each month, 10:30am – 12:30pm

Macular Support Group – 4th Wednesday of each month, 1pm – 3pm

Epilepsy Support Group – last Tuesday of each month, 10:30am – 12:30pm (no meeting in December)

Walking Groups – most days, various locations (see [CVST website](#) for details)

Community Network Breakfast - Thursday 25 January 2018

Tendring Older People's Forum – Friday, 26 January 2018, 10am to 12 noon

Tendring Voluntary Sector Forum - Wednesday 14 February 2018

Dementia Action Alliance Breakfast - Monday 26 February 2018

Tendring Trustee Network - Wednesday 7 March 2018

Only 1 week left to vote!

If you haven't voted yet, PLEASE visit <https://www.charityfilmawards.com/videos/the-hill-project> and vote for our inspirational HILL Project film in the Charity Film Awards. Public voting is open until midnight on 15th December. Thank you!

Collaborate Essex – feedback deadline Friday 8 December

Essex County Council has been working to identify and develop new ways for the Council to listen to people with experience of disability leading to the production of 'Collaborate Essex – our ideas for the future'. A copy of the draft document can be found on the CVST website <http://www.cvstendring.org.uk/support-for-groups/e-bulletin.html>

There is still an opportunity to comment so if you would like to share any feedback or suggestions regarding the document, please email your comments to citizen.insight@essex.gov.uk by Friday 8th December.

Wannabe The Musical – Saturday 9 December

The Mad About Theatre crew are giving the TV talent shows a run for their money. Mad Director Indi Allen has put together an original show- Wannabe The Musical! The story follows the tragedies and triumphs of the TV Talent show, hopeful contestants, celebrity judges, a plot to manipulate the votes and some stand out musical numbers. The company have now been running locally for the last 17 years and always produce original work. The company have raised over £84,000 for good causes and this show is supporting the excellent work Macmillan Cancer Support. The company encourage all their supporters to give a gift to those supported by Macmillan Cancer Support this Christmas and buy a ticket to this fundraising event. Director Indi Allen says: "It has been great fun putting this up to the minute show together and will appeal to all ages, whether you love or loathe X Factor, you will love this very contemporary piece of theatre with lots of audience participation!"

Performances are on 9th December 2.30pm and 7.30pm at Clacton County High school. Tickets are just £5 adults and £3 children-matinee madness 10 tickets for just £30, and can be obtained on the day of the performance at the Box Office or from the booking line 07709 315510.

Essex County Council Equalities Consultation

An easy read version of the Equalities consultation can be downloaded from the CVST website

<http://www.cvstendring.org.uk/support-for-groups/e-bulletin.html> The consultation runs from **Wednesday 1 November to Monday 11 December**. Here is a [consultation](#) link on the proposed four new equality objectives.

NEW! Local Health Matters meetings

Tendring - Wednesday 13 December, 2pm to 4pm

Venue: Sams Hall, CVST, Rosemary Road, Clacton on Sea, CO15 1NZ

Colchester - Wednesday 20 December, 2pm to 4pm

Venue: RCCG Stillwater Centre, House Heath Business Park, Grange Way, Colchester, CO2 8GU

Come and be involved in patient issues that affect you. You can download the agendas from the CVST website <http://www.cvstendring.org.uk/support-for-groups/e-bulletin.html>

NEW! Local Charities Day - Friday 15 December 2017

This year's Local Charities Day will highlight the work of small charities that are making remarkable differences in their communities. Please let us know your good news so that we can shine a spotlight on the unsung heroes and celebrate the commitment of those amazing volunteers who devote their time to improving the lives of others.

Email admin@cvstendring.org.uk or share on our facebook page @CVSTendring

NEW! MS Society Christmas Food and Craft Fair – Saturday 16 December, 10am – 2:30pm

Venue: St James Church Hall, Tower Road, Clacton

Hand-made Christmas gifts, cards, handicrafts, jewellery, textiles, collectables, artisan fresh bread, cakes and savouries Christmas tombola and raffle. Entrance 50p, includes a free tea or coffee.

ASPIRE leadership programme - apply by 18 December 2017

ASPIRE is a 12 month leadership development programme that will bring 15 people from the Voluntary and Community Sector in Essex together to create a strong cohort that will learn together through an accelerated development journey. The programme is aimed at senior professionals that are currently employed within the Essex social sector, working for a voluntary or community organisation, social enterprise or charity. It is most relevant for aspiring and developing leaders that currently fulfil a senior role within their organisation, directly affect decision making and influence business direction.

ASPIRE offers a chance for individuals to design a bespoke leadership plan building specific personal leadership skills and practicing them through on the job experience. Everyone will benefit from a mix of group residential days, 1:1 coaching, group webinars and optional external placements. Individually, participants will receive additional development aligned to their personal goals and leadership vision.

For further information and to apply by **18 December 2017**, please visit www.humansbeing.co.uk/aspire

NEW! Christmas Hat Walk - Monday 18 December, 12.45pm - 1.30pm

Meet at Harwich & Dovercourt Rugby Club for a festive walk with our friendly Get Moving walking group. Contact hill@cvstendring.org.uk for more details. Other weekly walks take place throughout the Tendring area, visit our website for dates and meeting points <http://www.cvstendring.org.uk/hill-projects/get-moving-walking-group.html>

NEW! Job Vacancy - Care Home Friends and Neighbours (FaNs) are looking for a Schools Liaison person

FaNs are seeking someone who is committed to building positive relationships across generations to create connections between care homes and local communities. This exciting new role will require someone with good interpersonal and organisational skills, as

well as a creative approach to working within localities. They will work to pair people up with similar interests, develop new projects within care homes and establish partnerships.

The role is 12 hours per week working from home preferably 3 x 4-hour days.

Salary £10 per hour Plus telephone and mileage expenses. This post is funded for 2 years and subject to a 3-month trial basis. You can download further information from the CVST website

<http://www.cvstendring.org.uk/support-for-groups/e-bulletin.html>

Tendring Fear Of Crime Survey

Residents across Tendring are being urged to make their views known about their fear of crime. Tendring Community Safety Partnership (TCSP) is preparing a list of issues it aims to tackle and prioritise over the next year. Based on crime statistics and information from agencies, including the police, it has identified tackling anti-social behaviour and acquisitive crime; protecting vulnerable people from hidden harms; and reducing reoffending as the key priorities. Now the TCSP wants to find out whether residents agree with those priorities and is offering them the chance to help shape the way forward. It has produced an on-line survey in an effort to gather as many people's views as possible. The survey is very quick and simple to complete and looks at how safe people feel during the day or after dark; has their perception changed over the past year; have they or their family been a victim of crime; and what do they feel is the main source of crime in Tendring.

To take part visit <https://www.surveymonkey.co.uk/r/focrime2017>

The closing date for people to have their say is December 31, 2017.

NEW! Neighbourhood Watch Newsletter

The latest newsletter is available to download from the CVST website. <http://www.cvstendring.org.uk/support-for-groups/e-bulletin.html>

NEW! An invitation for budding choristers

Clacton Choral is hosting another '**Saturday Sing**' on **6th January 2018**, to start the preparations for its Springtime concert on 28th April – and if you have ever wondered what it would be like to sing with them, then this is your chance to come along and find out – ladies and gents all welcome! The doors are open at St James' Church Hall for a 1.00pm start, and it finishes at 4.00pm. The music for the concert, 'Four Great Composers', will be introduced, with recordings and background explained, and everyone will 'have a go' at singing it all through together. They are beautiful, well-known pieces such as Zadok the Priest by Handel; Jesu, Joy of Man's Desiring by Bach; the beautiful Laudate Dominum by Mozart (from Solemn Vespers) and new pieces to discover by Haydn from his Little Organ Mass - plus Mozart's Ave Verum Corpus. And further to tempt new singers, the concert itself will be accompanied by the reputed orchestra 'Kingfisher Sinfonietta', led by Beth Spendlove.

New singers will need to book a place, so please contact Gill Osborne on 01255 427691 or gill@gilljohn.co.uk; then, if you enjoy your 'Saturday Sing', we hope you will stay to learn the music with the choir in our regular rehearsals, which take place every Monday evening in St James' Church hall from 7.15pm to 9.30pm, with a refreshment break.

Do visit our brand new website www.clactonchoral.org.uk which will give you a real sense of what it means to sing with Clacton Choral, plus news and views and booking details for all our concerta.

NEW! Tools for Trustees

A series of short films are now available and are specifically aimed at supporting and developing the skills and knowledge of trustees and committee members. They have been published by the FSI and come highly recommended!

<http://www.thefsi.org/services/essential-trustee-series/>

NEW! Raising concerns and making complaints about health, social care or education

This NHS survey is for children, young people and adults with a learning disability, autism or both, their families and paid carers. The NHS is carrying out this survey to add to what has been learned at events and meetings about people's experiences of raising concerns and making complaints. Your feedback will help with a new project about raising concerns and making complaints called Ask Listen Do. They need your help to make a difference.

Survey https://www.engage.england.nhs.uk/survey/ask-listen-do/?mc_cid=30bd619d80&mc_eid=628b0a3a3e

The survey ends on 12 January 2018.

[An easy read version of this survey is available to download here](#)

NEW! Consultation to develop a response to hate crime in Essex

All people deserve to live in safe and secure communities, where they are free to prosper and live rewarding lives that contribute to the general wellbeing of our county.

Safer Essex partners – the Community Safety Partnerships, Essex County Council, Essex Police, the Office of the Police, Fire, and Crime Commissioner, Essex Fire and Rescue Service, the Association of Community Voluntary Services, Essex Community Rehabilitation Company, Essex Drug and Alcohol Team, Essex Youth Offending Service, Essex Trading Standards, and other partners - are developing a Hate Crime Strategy that will set out our commitment to tackling hate crime in Essex. Partners envisage a strategy that will coordinate their existing and future work to deliver a more effective and impactful response to support victims and perpetrators.

They would like to know your views on how the Hate Crime Strategy could make a difference in your community. A public consultation will commence on **Tuesday 28 November** and finish on **Friday 2 February 2018**.

Take part in the [consultation](#) To view the proposals and consultation in an Easy Read format, download the [Easy Read version here](#).

Don't forget to check out the CVST website and watch our new short film! Or for more information about:

Room hire in Clacton - <http://www.cvstending.org.uk/community-centre/view-our-venue.html>

Our online local funding portal - <http://www.cvstending.org.uk/funding/funding-information.html>

Or to spread your news - <http://www.cvstending.org.uk/contact-us.html>

Kind regards,

Samantha Wootton

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FORTHCOMING EVENTS

Thursday 25 January 2018 – Community Network Breakfast

Wednesday 14 February 2018 - Tendring Voluntary Sector Forum

Wednesday 7 March 2018 – Tendring Trustee Network

We've been nominated for a

CHARITY FILM AWARD

charityfilmawards.com

PLEASE VOTE FOR US



NAVCA
Quality
Award



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